

CONNECTION

Community Homes & Services
 PO Box 744, Novato CA 94948
 415-897-8676

www.communityhomesandservices.com

OUR STUDENTS ARE TEACHING EACH OTHER!

Connor is an aviation enthusiast and Dylan loves all things vehicular so they worked with Matthew on a knowledge class on airplanes. Here are some interesting facts we learned from Connor and Dylan's presentation:

- The 700 series designates jet transport aircraft (passenger planes).
- The Boeing 747 was dubbed the "Jumbo Jet."
- The Boeing 787 is called the "Dreamliner."
- The air-tug moves planes in reverse and pulls them into their parking spots.

What do the numbers in 737, 747, and 757 mean when talking about passenger planes?

What does "747" mean?

- Why did Boeing start using numbers as names?
 - Back to the late 1940s, model numbers were assigned to each division of aircraft (from the Boeing website): 300s and 400s represented [military] aircraft, 500s would be used on turbine engines, 600s for rockets and missiles, and 700s were set aside for jet transport aircraft.

There are Boeing 757s, 767s, 777s (the "Triple Seven"), but the 737 and 747 are most ubiquitous in the public imagination. In 2009, the "Dreamliner" made its debut. These numbers are to identify the plane's carrying capability.

The most well known aircraft in the 7+7 series is the Boeing 747, which also goes by the nickname "jumbo jet." The 747 made aviation history. It was designed in the 1960s as a response to an increase in air traffic. It was the largest civilian airplane in the world. To construct the massive 747, Boeing used a 200-million-cubic-foot assembly plant in Everett, Washington.





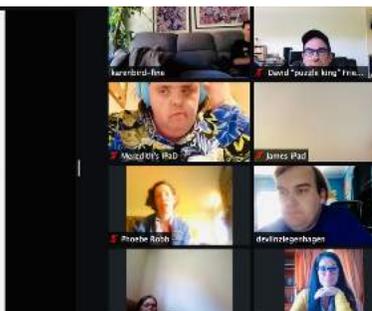



How are airplanes taxied?

Airplanes are moved between the terminals and runways by the use of an air-tug. Air-tugs communicate with both the airplanes and the towers before moving airplanes about the tarmac.

A good example of NASA ingenuity and an "out of this world" air-tug, lets look at a helicopter designed to be an air-tug for returning rocket boosters.

Hiller Air Tug



- Airplanes have red and green lights on the front which tells what direction the plane is facing. Green on the starboard side and red on the port side.
- Right wing/right side=starboard side.
- Left wing/left side=port side.

- Airplanes communicate with the tower for clearance, when taking off or landing, for information about how high to fly, or when there is an emergency.



Let's hear it for our students!

When do aircraft communicate with the tower?

Airplanes communicate with the tower when they take off and when they are coming in for a landing. They also communicate with towers when they are flying through tower airspace to receive information about local air-traffic.

Ground control (sometimes known as ground movement control) is responsible for the airport "movement" areas, as well as areas not released to the airlines or other users. This generally includes all taxiways, inactive runways, holding areas, and some transitional aprons or intersections where aircraft arrive, having vacated the runway or departure gate.

Air control (known to pilots as "tower" or "tower control") is responsible for the active runway surfaces. Air control clears aircraft for takeoff or landing, ensuring that prescribed runway separation will exist at all times. If the air controller detects any unsafe conditions, a landing aircraft may be instructed to "go-around" and be re-sequenced into the landing pattern. This re-sequencing will depend on the type of flight and may be handled by the air controller, approach or terminal area controller.



JUNE 2021 NATIONAL DAYS

National Fresh Fruit and Vegetable Month
National Rose Month
Turkey Lovers Month

6/1 - National Nail Polish Day

6/2 - National Rocky Road Day

6/4 - National Doughnut Day

6/11 - National Corn on the Cob Day

6/13 - National First Lady's Day

6/14 - Chinese Dragon Boat Festival

6/19 - Juneteenth

6/20 - Father's Day and Summer Begins (the longest day of the year)

6/21 - National Selfie Day

6/25 - Take Your Dog to Work Day and
Summersgiving (Saturday after Summer
Solstice)

6/30 - National Meteor Watch Day



6/19 IS JUNETEENTH



Juneteenth (a contraction of June and nineteenth)– also known as Freedom Day, Jubilee Day, Liberation Day, and Emancipation Day. It is a holiday celebrating the emancipation of those who had been enslaved in the United States.

Celebrations date to 1866, at first involving church-centered community gatherings in Texas. It spread across the South and became more commercialized in the 1920s and 1930s, often centering on a food festival.



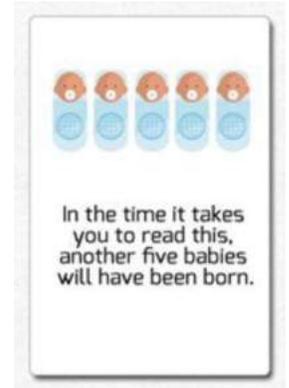
By the 21st century, Juneteenth was celebrated in most major cities across the United States. Activists are campaigning for the United States Congress to recognize Juneteenth as a national holiday. Hawaii, North Dakota and South Dakota are the only states that do not recognize Juneteenth, according to the Congressional Research Service

CH&S June Birthdays

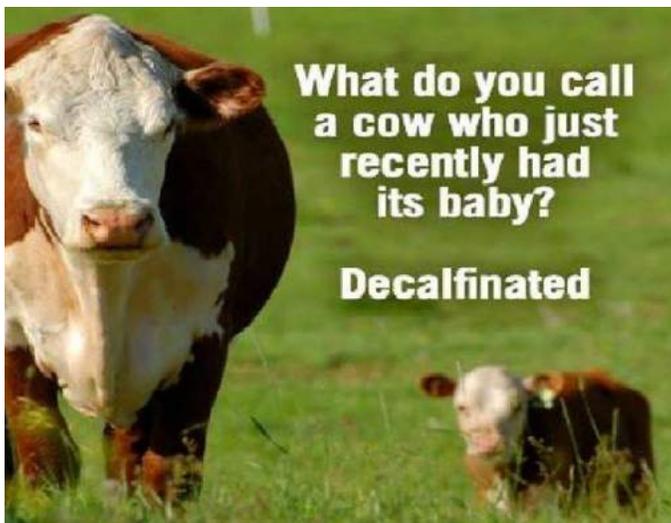


6/13 - Joelle and Adara
6/14 - Nino
6/23 - Kate

Staff Meetings are Fun! (Sometimes...)



@Communityhomesandservices



Check out the CH&S online class schedule

http://communityhomesandservices.com/whats_new.html

Nutrition Class: Spiral Vegetable Tart



During vegan nutrition class, Alison taught us how to make a delicious spiral vegetable tart!

Question 1: What kind of mushroom is Alison holding above?

Question 2: What green veggie is Alison holding in the picture top left?

(Bottom left) Alison showed the class her bowl of mixed vegetables and we chose which veggies she incorporated into the tart. Check out the finished tart below. Yum!



Answer: 1. Portobello mushroom, 2. Snap pea

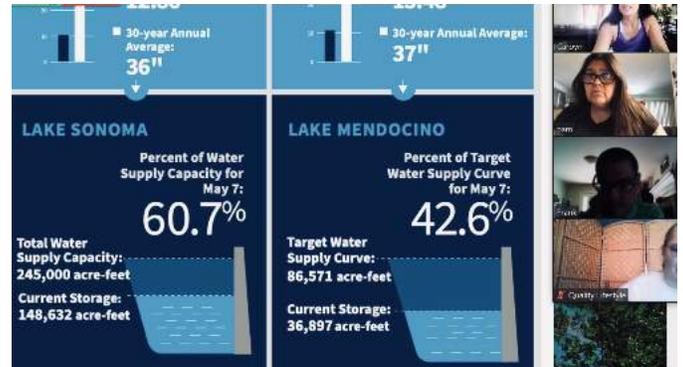
Small Group Zoom: California's Drought

Drought was the topic of conversation in the small group Zoom with Pam, Frank, Linda and Carolyn. Marin County water district is asking us to reduce water consumption by 40%. Sonoma County water district is asking us to reduce water consumption by 20%.

How can we help?

- Pam agreed that she is going to cut down on showers by half.
- Frank said he is going to switch from taking showers to taking a bath half full.
- Linda is going to shorten the length of her showers.
- Carolyn is going to re-use her rinse water for dishes on plants and lightly water outdoor plants.

Tip of the week: If you need to wash your vehicle go to a commercial carwash.



Knowledge Class: Anthropology

Four Sub-Fields

- Anthropology is comprised of four sub-fields of interest:
 - Cultural anthropology
 - Physical anthropology
 - Linguistics
 - Archaeology

Matthew taught a knowledge class on the four major fields of anthropology: biological (physical) anthropology, cultural (socio-cultural) anthropology, linguistics, and archaeology.

Socio-cultural anthropologists study cultural aspects of human societies

Physical Anthropology

- Physical anthropology is the study of the biological and physical adaptations to the environment of modern and ancient hominids.
- It is concerned with the evolution of the human body and the process of human evolution.
- It is a branch of anthropology that studies the biological and physical characteristics of modern and ancient hominids.

all over the world. Linguistic anthropologists study the human communication process. Physical anthropologists carry out systematic studies of the non-cultural aspects of humans and near-humans. While archaeologists are interested in recovering the prehistory and early history of societies and their cultures.

Short class, but I hope we all had fun. :)

- There is a lot of fun to be had in anthropology. It is a very interesting and fun field of study.
- It is a very interesting and fun field of study.
- It is a very interesting and fun field of study.

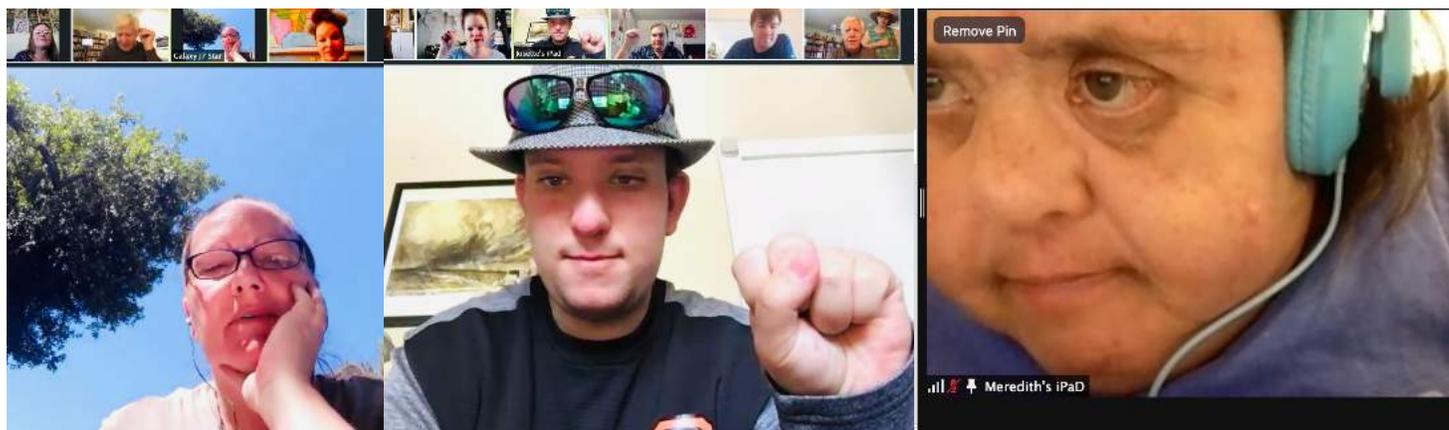
Linguistics

Linguistics is the study of language, but it's not limited to spoken language.

Languages are plentiful with over 2,000 languages spoken today around the world. Most of them are divided into language families. One such family is the Indo-European family. Which language is that and does anyone know another language family's language is?

But vocal language isn't the only way we communicate. What are some other ways we use to communicate?

"There are no strangers here; Only friends you haven't yet met."
William Butler Yeats



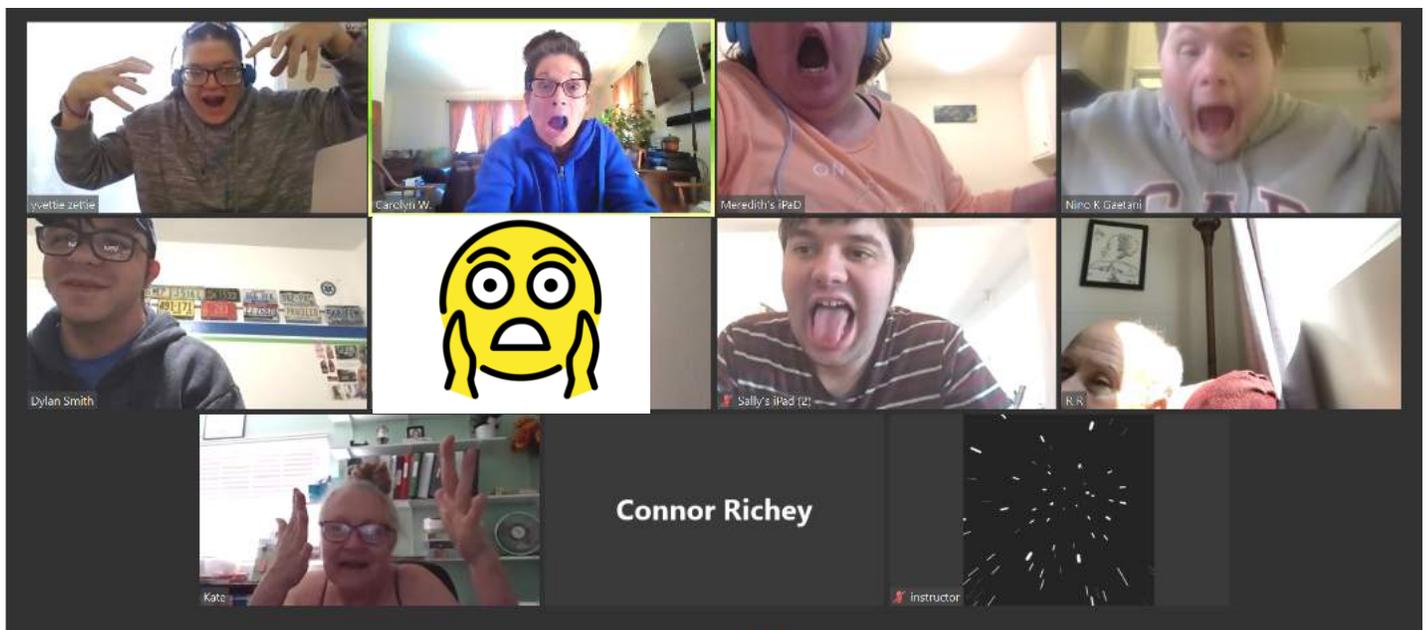
12 Questions with Jenet

- **Name/title:** Jenet, works hard. (Jenet has been a CH&S student for over 10 years.)
- **What do you want our students to know?** I like my skin.
- **What's the best piece of advice you've ever been given?**
Love each other.
- **What is your favorite color?** Yellow, it's bright and sunny.
- **If you had to eat one meal every day for the rest of your life what would it be?** Mexican food: tacos, shrimp.
- **What breed of dog would you be?** Bichon Frieze
- **What would your superpower be and why?** To be invisible so I can go wherever I want.
- **What is your theme song?** A happy song—"Good Day" by Luce.
- **What is your favorite ice cream flavor and ice cream topping?** Vanilla ice cream with more ice cream on top.
- **As a child, what did you want to be when you grew up?** A doctor to help sick people get better.
- **What's your favorite tradition or holiday?** Valentine's Day. I like getting Valentines.
- **If you were famous, what would you be famous for?** My singing.



We Goof on Kate

Kate's internet connection kept freezing her Zoom connection, so someone came up with the idea for everyone in the Zoom room to freeze so that Kate would think her internet connection was still frozen. Yeah, it didn't work, but it made for a fun picture!



Andrew's Corner

I Think I Will Starve If I Go To Japan



Last month, I went to Japantown to try out the different foods there, but I did not like the taste of some of the food. I tried the mochi and it tasted like a gooey marshmallow. I tried the teriyaki chicken and it tasted like chicken with syrup on it.

I did like the green tea matcha cake though. However, I really want to go to Tokyo some day and I don't think I would be able to eat cake alone.

I really like the Japanese culture. I like seeing the bright screens that they have in the city, I also like the anime in Tokyo. The people seem to be very polite and nice. For example when I went to Japantown, many of the shopkeepers would bow and say

“arigato”, which means thank you in Japanese. I even like the live action shows and movies like Godzilla!

But I don't think I would like the food there, like udon noodles and octopus lollipops. Luckily they have Japanese versions of my favorite food in America like Frosted Flakes and Kit Kats.

Apparently there is a craze about the food Kit Kat in Japan because Kit Kat sounds very similar to the Japanese phrase “Kitto Katsu”, which means “You're sure to win!” Kit Kats are most often given to students before exams to wish them luck.

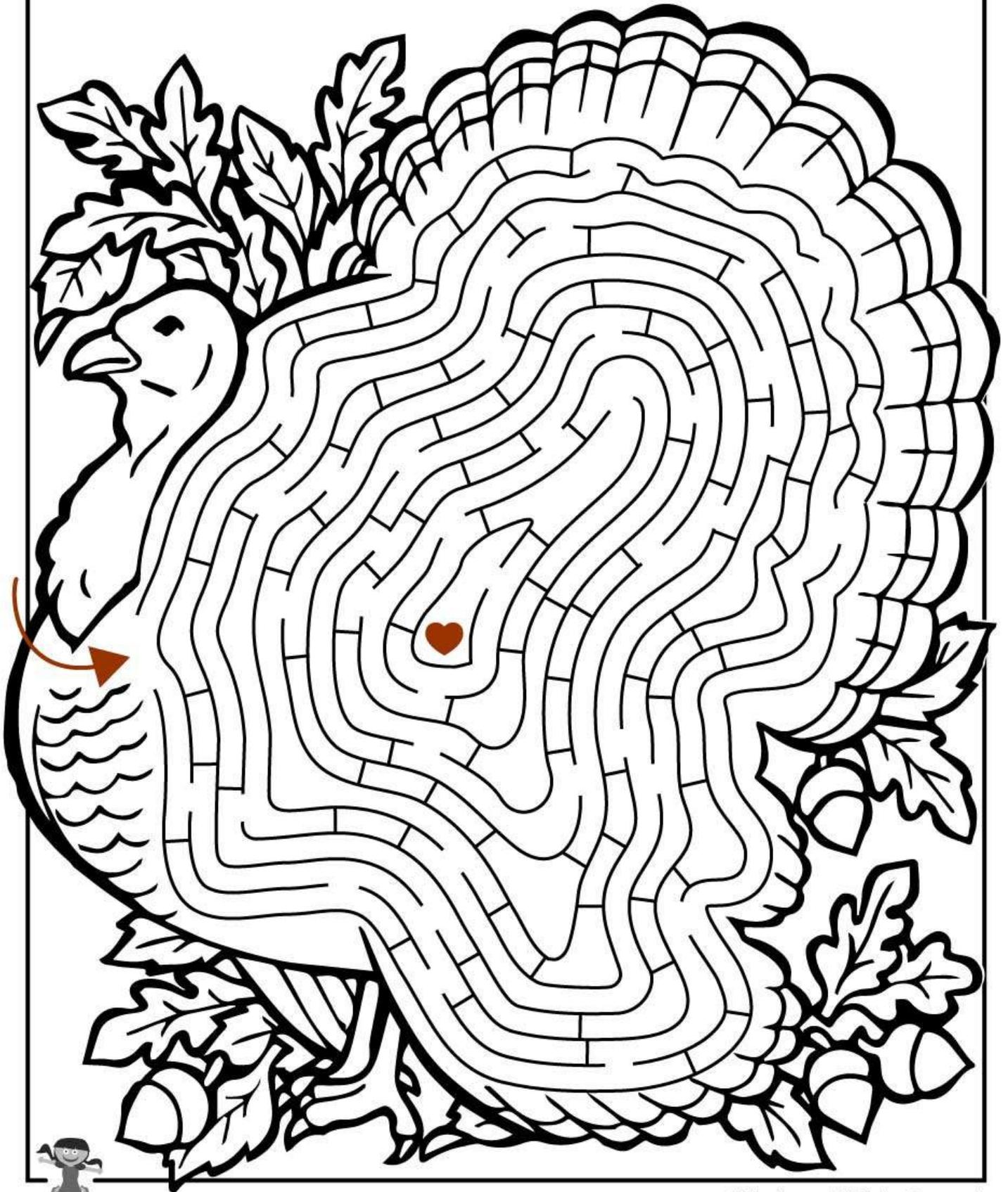
It is a good thing that there is a McDonald's in Tokyo! Even if I don't like some of the native foods, I would still like to visit Japan!



Bio: Andrew Newson is a student at Life College and is 23 years old. He likes comic books, video games, hiking, exploring new places with his mom.... and babies. He is an authority in all things Star Wars, Star trek and great places to go in the Bay Area. He is currently learning Mandarin and loves learning new things

June is Turkey Lovers Month

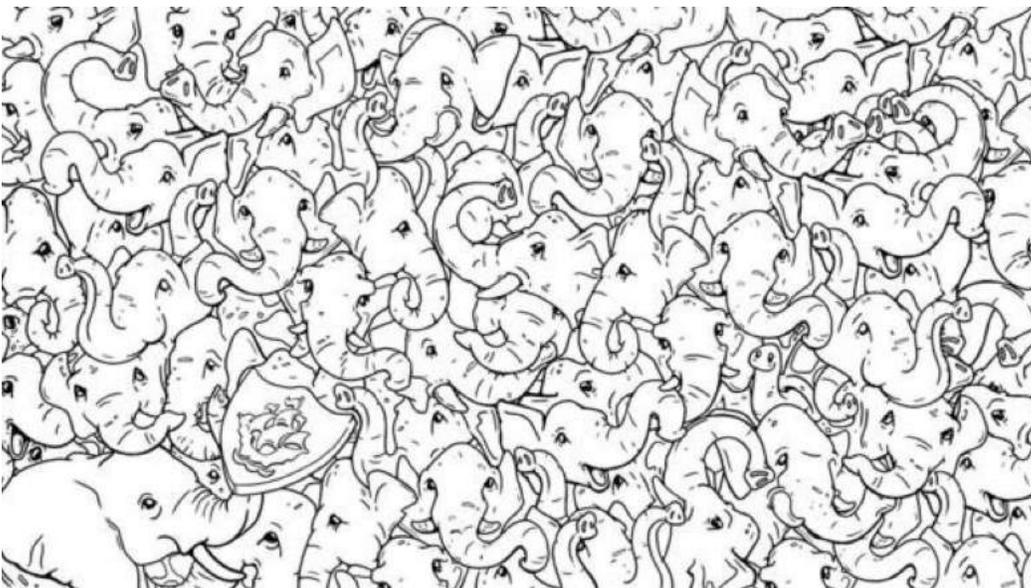
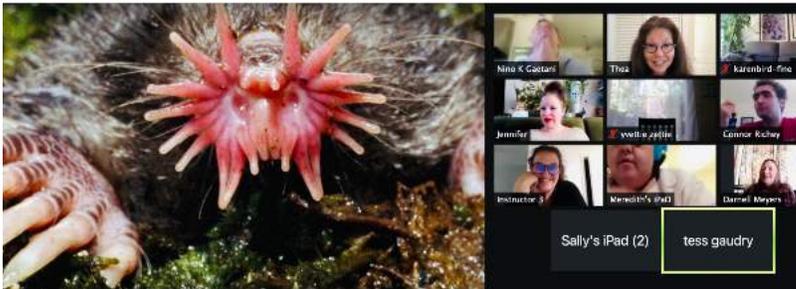
FIND YOUR WAY TO THE TURKEY HEART!



Language Arts: Weird Animals

Alison and Darnell taught a class on some of the weirdest animals in the US. **Can you match the names to the pictures?** (Draw a line from the name of the animal to the matching picture):

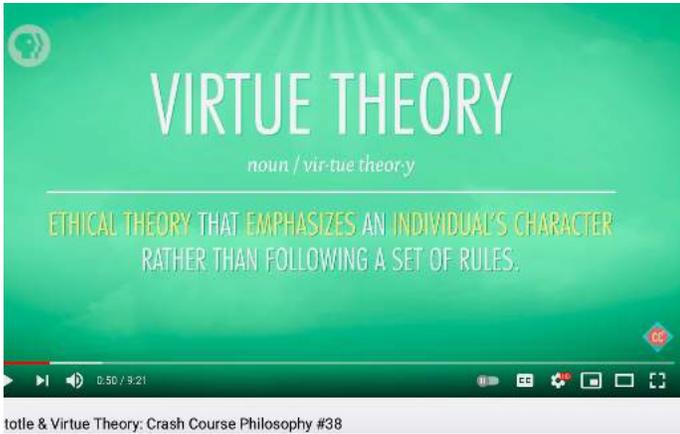
- **Hooded nudibranch** also known as the lion's mane nudibranch. They use their oral hoods like nets, trapping smaller animals and forcing them into their mouths.
- The **ghost-faced bat** has a prominent forehead that rises abruptly from their underdeveloped noses and large, round ears that join across the skull.
- **Star-nosed moles** use the 22 super-sensitive fleshy appendages on their snouts to find their way around underground.
- The **gila monster** ("heela" monster) is one of the only venomous lizards in the world. The reptile's distinctive markings are a warning of its potent poison, although the sluggish lizards pose little threat to humans.



(Left) Can you find the turtle in the middle of all of the elephants?

- Answers:
- Bottom left picture=star-nosed mole
 - Top right picture=Gila monster
 - Middle right picture=ghost-faced bat
 - Bottom right picture=Hooded nudibranch

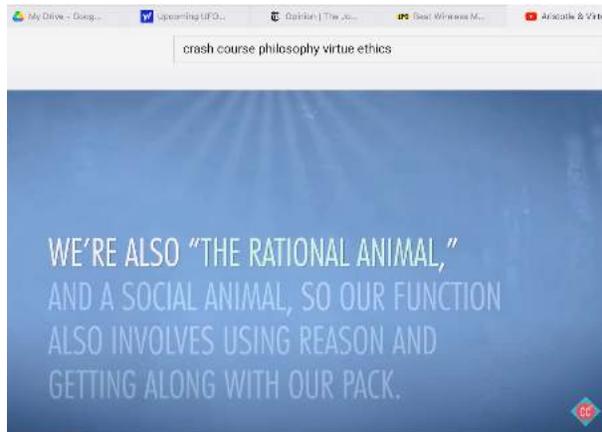
ARISTOTLE, VIRTUE THEORY, AND EUDAIMONIA



In philosophy class, we talked about being a good person and virtue theory. We learned a new word, *eudaimonia*, which is about being the best person that you can be and flourishing or living well.

We discussed how we have a choice between doing the right thing or not. We also talked about being our best selves.

Philosopher Pam brought up the idea that we could do the right thing because it's the right thing to do or we could do the right thing in order to be liked. Is there a difference?



According to the [Stanford Encyclopedia of Philosophy](#), "an honest person cannot be identified simply as one who, for example, practices honest dealing and does not cheat. If such actions are done merely because the agent thinks that honesty is the best policy, or because they fear being caught out [. . .] they are *not* the actions of an honest person. An honest person would not cheat simply because it is the right and virtuous way to live."

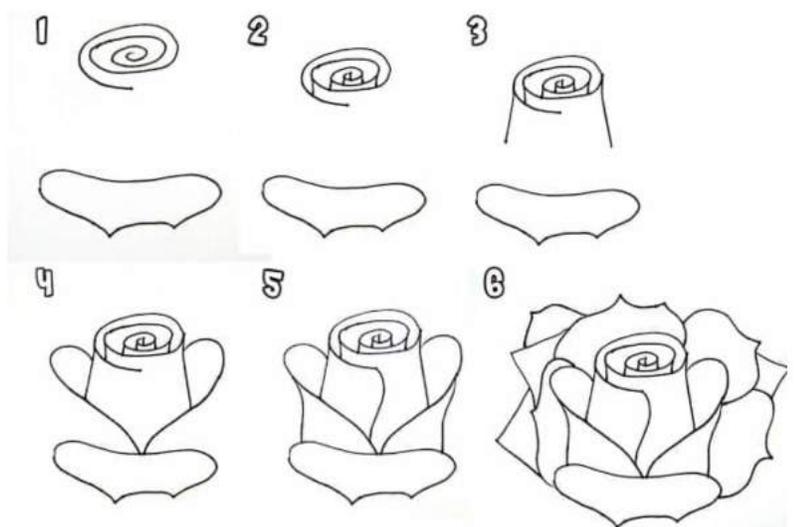
As always, philosophy class opens the floor for all of us to discuss our many opinions and ideas.

National Rose Month

June is National Rose Month. If you'd like to draw some roses this month, here is an easy way to draw a rose in bloom.

About 50 million years ago, the first rose in the Americas were found in modern-day Colorado. Today's garden roses come from 18th-century China.

Have fun!

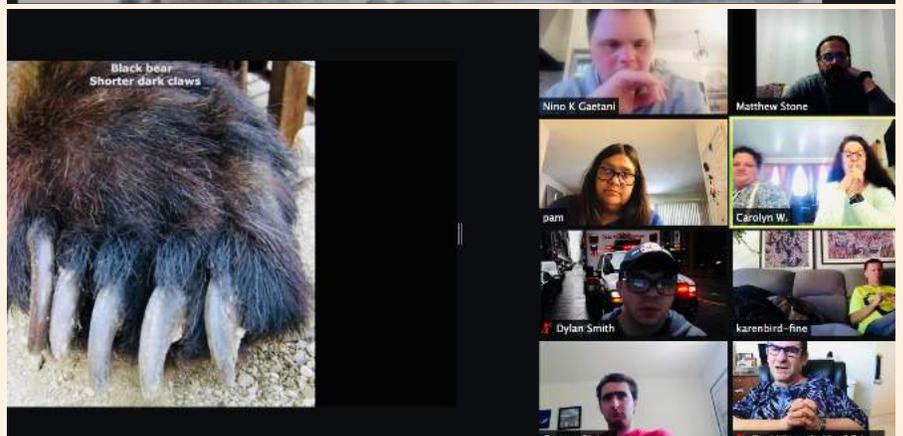
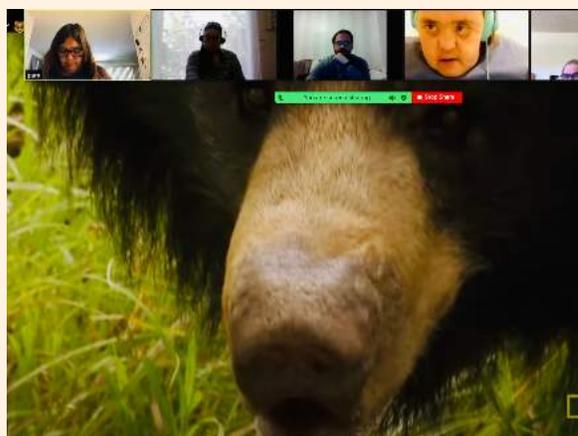
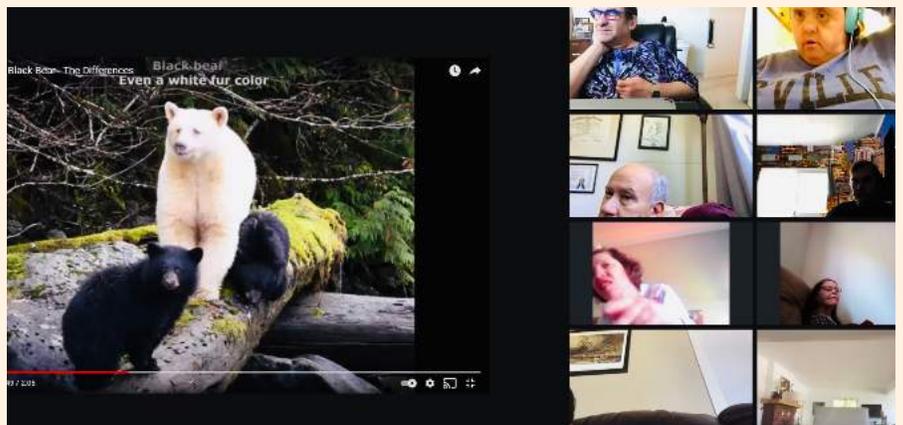




Knowledge Class: Bears

Carolyn presented a very comprehensive class on bears. We learned so much! Here are some bear facts we covered:

- (Right) The black bear comes in a rainbow of colors from black to reddish brown to light brown and white!
- A polar bear can swim up to 100 miles without resting! Whew!
- (Right) A swimming polar bear can jump 8 feet out of the water to surprise a seal. Yeah, we watched that!
- (Bottom left) The sloth bear's favorite food is termites. Since they have no front teeth, they dig in the dirt for termites, stick their snouts into the hole and suck the termites out like a vacuum cleaner!



We are looking for instructors!

Our non-profit organization provides unique and valuable resources to people who have intellectual/developmental disabilities and/or other complex issues. We are looking for people who are just right: intelligent, creative, stable, organized, funny, enthusiastic, personable, poised, dedicated, etc., etc., etc., etc.!

Experience with teaching is a plus. Experience with working in developmental services is a plus. Appreciation and grasp of Positive Behavioral Support is a plus. A sense of humor is a big plus and a must! Work hours are Monday-Friday, 8:00 am – 4:00 pm.

Send resume and cover letter to cwalker@communityhomesandservices.org or call (415) 408-3604.

Our Favorite Summer Foods...

Can you match these students (and one instructor) to their favorite summer food? (Draw a line from the name to the picture of their favorite food.)

- Dave
- Andrew

- Nino
- Mike
- Jennifer
- Devlin



Answer:
Dave-chocolate ice cream on a cone
Nino-hamburgers all year long
Devlin-corn dogs with ketchup (no mustard)
Andrew-cheese pizza
Mike-watermelon and cantaloupe
Jennifer-pasta salad

Community Homes & Services
837 Sweetser Ave. Novato CA
94945
415-897-8676

Sailing

by Dorothy Allen

*Swiftly cutting through the water,
Falling spray on either side,
Coyly dipping,
Rising, skipping,
Borne along by wind and tide,
Merrily my boat doth glide.*

June 2021 Connection Magazine



We accept and appreciate donations
of any size or kind.

All donations to CH&S are tax-deductible.
CH&S is a 501(c)(3) non-profit organization.