

CONNECTION

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at

Community Homes & Services
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National Sea Serpent Day-August 7

In honor of Sea Serpent Day, we present you with a version of the Scottish legend of Cirein-cròin inspired by traditional Highland storytelling:

The Tale of Cirein-cròin (*KIR-in KROH-in*)

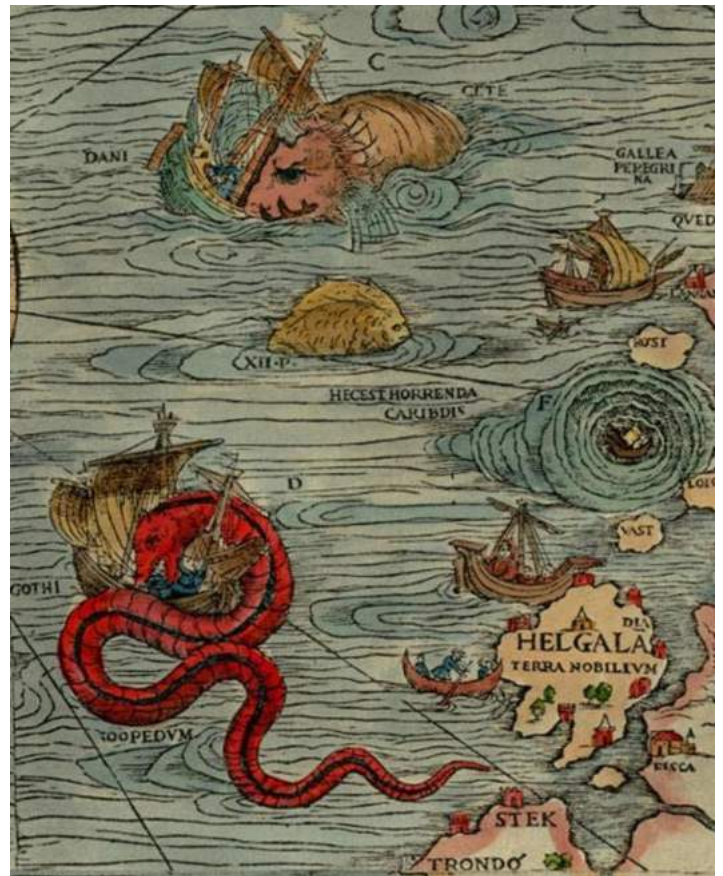
A Shape-Shifting Sea Monster of the Scottish Highlands

In the deep, dark waters off the coast of Scotland, long before lighthouses lit the shore, there lived a sea creature so large and so clever that even the bravest fishermen feared its name.

It was called Cirein-cròin (the red sea serpent to the right)— a monster of the sea, spoken of in whispers among Highland folk.

They said it was so enormous that it could eat seven whales in one sitting. That's right — not just one or two, but *seven*. No ship was big enough to carry it. No net could hold it. It was the biggest beast ever to swim in the Scottish seas.

Do you see another sea beast in the picture to the right? What is it doing?



Cirein-cròin: A Shape-Shifting Sea Monster

But Cirein-cròin had another power, even more frightening than its size. It could change its shape.

This giant serpent had the gift of disguise. When it wanted to hunt, it would shrink down into a tiny silver fish, no larger than the ones that fishermen would catch for supper. It would glimmer in the water, harmless and beautiful.

And that's when the trouble began.

A Deadly Trick

Fishermen out at sea, far from land and safety, might spot this little fish jumping in the waves. "A fine catch," they would say. "A gift from the sea." But as soon as they pulled it aboard, the silver fish suddenly grew — twisting and curling into a massive sea serpent, with sharp teeth, dark eyes, and a roar that shook the boat. Before the fishermen could react, Cirein-cròin would rise above the deck, tip the boat, and swallow the boat whole. Some say entire crews vanished this way, lost forever in the deep.

Can you find other sea monsters in the picture below?



Scottish Sea Serpent Cirein-cròin

Why the Legend Lives On

Stories of Cirein-cròin have been told for hundreds of years in the Scottish Highlands, passed down by grandparents to grandchildren, and by sailors at sea. No one ever claimed to fight the monster. No hero ever said they killed it. Instead, people feared it, respected it — and tried not to speak its name while at sea.

Some believe Cirein-cròin was just a story to warn sailors about the dangers of the open ocean. Others say it was inspired by real sea creatures — like the oarfish, long and silver with snake-like bodies, sometimes seen after storms.

oarfish➔



But many Highlanders believed it was more than just a tale. They believed it was a lesson: *never trust what seems too easy or too pretty in the wild sea* because the ocean is full of secrets and danger.

A Monster of Mystery

What makes Cirein-cròin special among sea monsters is that it didn't always look dangerous. It could fool even the wisest sailor. And that made it even scarier.

It was a monster that reminded people to be careful, to be humble, and to listen to the sea. Even now, when fishermen see a flash of silver in the Scottish waters, some of them wonder: Is it just a fish?

Or is it Cirein-cròin, waiting to grow?

We like to read stories about sea serpents in the ocean. There are also tales about sea monsters in lakes, can you think of one?



Wellness With Katie



August is National Wellness Month, and I want to share what wellness means to me. It's not about being perfect or doing everything right. For me, wellness means doing small things every day to feel calm, happy, and strong.

Here are some of my favorite ways to care for my body, heart, and mind:

- I take walks outside. Fresh air and nature help me feel peaceful.
- I listen to music I love. It lifts my mood and helps me relax.
- I write in my journal. Writing helps me stay calm and sort out my feelings.
- I go to coffee with myself. I bring a book or my journal and enjoy quiet me time.
- I always carry a book with me. Reading helps me grow.

Two of my Latest Reads:

- *Live* by Sadie Robertson
 - *Live* is a faith-based book that has really encouraged me. Sadie reminds us that we don't have to live in fear. She says it's okay to set boundaries and protect our peace. One of her main messages is: "Everyone's journey is different." That helped me feel proud of my own path and not compare myself to others.
- *Coffee Self-Talk* by Kristen Helmstetter
 - This book is full of positive words and journal prompts to start your day with kindness. One person said this book "helps slash anxiety and grow self-esteem." I agree! It reminds me of the word "cultivate." That means to grow something slowly over time, like peace or joy. I love that.

You Don't Need Anything Fancy to Feel Better

Here are some tools that work for me:


- Going for walks outside
- Listen to music that makes me feel good
- Open your journal every day
- Reading inspiring books
- Be nice when I talk to myself

Happy National Wellness Month,



AUGUST 2025 NATIONAL DAYS

**Dog Month, Wellness Month, Sandwich Month, Crayon
Collection Month, Golf Month**

- 8/1 - Water Balloon Day 
- 8/2 - Sandcastle Day, Sunflower Day, Disc Golf Day
- 8/3 - Sisters Day, Friendship Day, Watermelon Day
- 8/4 - Chocolate Chip Cookie Day, International Clouded Leopard Day
- 8/5 - Underwear Day, Work Like a Dog Day, International Traffic Light Day
- 8/6 - Root Beer Float Day
- 8/7 - Sea Serpent Day, Lighthouse Day
- 8/8 - International Cat Day, Pickleball Day, Happiness Happens Day
- 8/9 - Book Lovers Day, Bowling Day, Garage Sale Day
- 8/10 - World Lion Day, Lazy Day, S'mores Day
- 8/12 - World Elephant Day, Middle Child Day, Vinyl Record Day
- 8/13 - Left Handers Day
- 8/14 - World Lizard Day, Creamsicle Day
- 8/15 - Lemon Meringue Pie Day, Relaxation Day
- 8/16 - Roller Coaster Day, Tell a Joke Day, Geocaching Day, World Honeybee Day
- 8/17 - Thrift Shop Day, Pineapple Juice Day, Black Cat Appreciation Day, Non-Profit Day
- 8/18 - Fajita Day
- 8/19 - World Photography Day, Intl Orangutan Day, Potato Day, Aviation Day
- 8/20 - World Mosquito Day, Radio Day, Bacon Lovers Day
- 8/21 - Senior Citizens Day
- 8/22 - Bao Day, Tooth Fairy Day
- 8/23 - Find Your Inner Nerd Day, Cuban Sandwich Day
- 8/24 - Waffle Day, Peach Pie Day
- 8/25 - Banana Split Day
- 8/26 - Dog Day
- 8/27 - Rock Paper Scissors Day, Peach Day
- 8/28 - Thoughtful Day, Power Rangers Day, Bow Tie Day
- 8/30 - International Whale Shark Day, Beach Day, Grief Awareness Day
- 8/31 - Eat Outside Day, Trail Mix Day



ON GROWING UP ON A GAME PRESERVE IN MALAWI

with Iris and Joe

We love hearing wild stories from our roving zoologist and CH&S student, Iris! Back in the 1970s, her family ran a game preserve in Malawi, and the tales Iris brings back are unforgettable—boomslangs and black mambas, cheeky monkeys, bats overhead, and of course, lions and hippos, oh my!

Now Iris is opening up her photo album to share with all of you. It's a vibrant look at what it was like to grow up surrounded by wildlife—and to help protect it. She's even told us about camping

out on the preserve as a teenager, rifle at her side, standing guard.

Her life has been anything but ordinary—and we're thrilled to share a piece of it with you. Take a look inside her world.

(left) Booba the owl and Monkey Dan, a vervet monkey



Iris: "My brother David (right) - not too happy to be dealing with this boomslang"

Joe: "How many times did you get bitten?"

Iris: "A LOT"

Boomslangs are tree-dwelling snakes known for their bright green scales and oversized eyes. Despite their calm appearance, they're among the most venomous snakes in Africa.



Their bite delivers a powerful hemotoxic venom that can cause internal bleeding—though they rarely strike unless provoked. Spotting one in the wild is thrilling and a holding one on a stick to show visitors must have been nerve-wracking!

(left) Booba the owl.

PRIMATES ON A GAME PRESERVE



(left) This is Monkey Dan, “he liked to sleep during the day,” said Iris, “just don’t wake him up!”

Vervet monkeys are clever, curious, and always up to something. They travel in lively troops, chattering nonstop. While fun to watch, they’re also notorious troublemakers around camps and villages.

Interestingly, vervets are natural *alloparents*—in the wild, they share the job of raising their young. Older siblings and even unrelated monkeys help care for infants, forming a kind of built-in village. On the preserve, Iris’s family unknowingly mirrored this instinctive caregiving, becoming stand-in troop members for the animals that needed them most.



(left) Iris and Monkey Samuel. “He was not as friendly as Monkey Dan. Samuel liked to pluck the petals from flowers,” said Iris.

(right) Iris and Monkey Samuel enjoying a sunny spot.



FELINES ON THE GAME PRESERVE



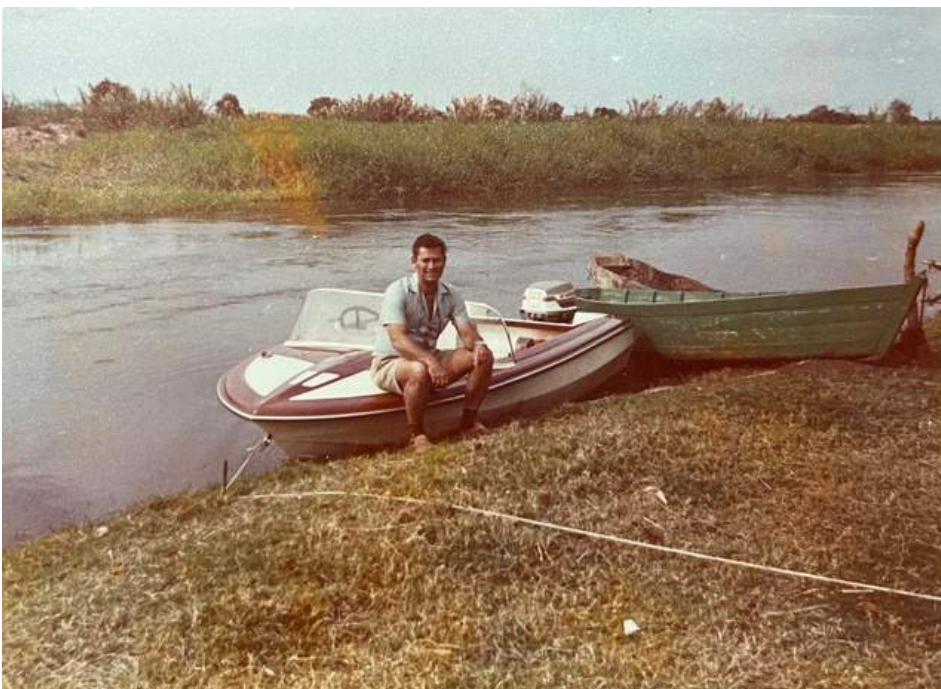
(left) Iris and Tommy

(below) Simba the lion sleeping in a tree.

Lions are apex predators; they are the top of the food chain. Lions typically hunting at night and resting during the day. Lions live in prides, which are social groups usually consisting of related females and their offspring, led by one or more males.



In Malawi, some lions rest in trees to escape the heat and biting insects on the ground. The elevation also gives them a better view of their surroundings. While unusual for most lions, this behavior is seen in certain regions and helps them stay cool and undisturbed. World Lion Day is August 10!

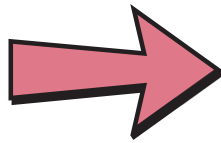


(left) Iris' dad. "My dad the game warden. He'd ride that boat around all night keeping an eye on the crocodiles, snapping turtles, and Miss Pinky the hippo. He'd even sleep on that boat," said Iris.

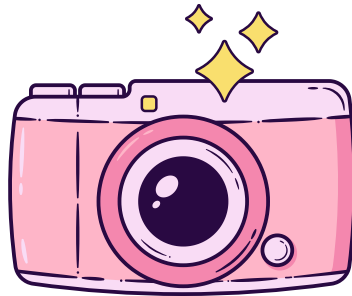


Remember When You Were 16 Years Old?

Someone you know
shared this picture which
was taken when she was
16 years old, can you
guess who this is?



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organization.

Happy August Birthday!

8/2 - Tess
8/7 - Bruce
8/9 - Hayley
8/11 - Jonas
8/25 - Zayde
8/26 - Michelle



Answer: Pam



If you're lucky enough to know Zayde, then you already get it — she's not just a coworker, she's the heartbeat of the back room — she's been a steady force for nearly six years and she keeps everything moving with care and precision. Calm in chaos, positive under pressure, and skilled in everything she does — especially when it comes to applying the principles of ABA. Her work isn't just effective, it's exceptional.

Zayde is kind, always steady, and always lifting others up. Her warm, approachable energy makes everyone — staff, students, and their families — feel seen and supported.

Jehann calls her a *Superwoman*, and she's right. Zayde balances it all: Supportive wife, loving mom, loyal friend, and the kind of teammate who shows up for both the highs as well as the lows.

Zayde is a fantastic coworker and an even better friend. Her presence brightens every space, and her kindness makes CH&S feel more like home.

So here's to you Zayde — for your strength, skill, compassion, and heart. You make CH&S better. **Happy Birthday!** We appreciate you more than mere words can say!



NATIONAL AVIATION DAY

By Connor Richey



National Aviation Day is the celebration of aviation's importance. It is celebrated on August 19th each year. It is also about the development of aviation. The Chicago Air and Water Show, the Atlantic City Airshow, the Canadian International Air Show, the Cleveland National Air Show and the New York Air Show are the closest air shows to national aviation day as of 2018. Franklin Delano Roosevelt founded aviation day in 1939. He also announced a presidential affirm that labeled Orville Wright's birthday anniversary to be national aviation day.

Connor's Joke Column

What's a sailor's favorite dessert?
Chocolate ship cookies

What is a bear's favorite dessert?
A rootbear float

What do dogs like on their pizza?
Pupperoni



What do you get when you cross a lion with a flower?
A dande-lion

What's an elephant's favorite kind of cheese?
Mozzarellaphant



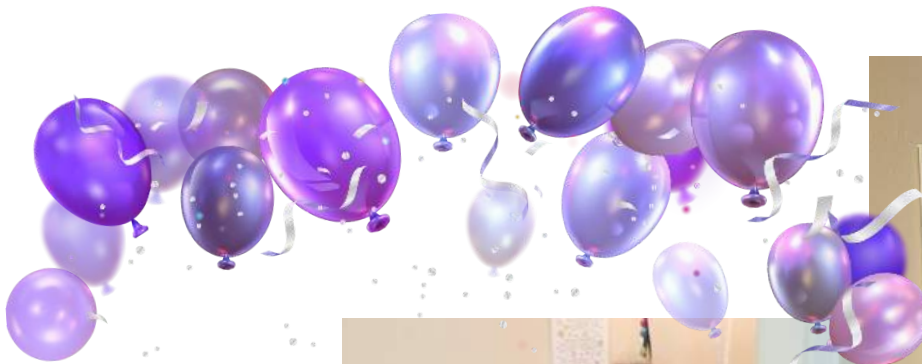
Let's all wish Shirley a very happy retirement!

Retirement is a relatively modern concept. For most of human history, people worked until they physically couldn't. In farming societies, elders might scale back duties, but there was no formal "retirement." The idea of stepping away from work only took shape in the late 19th and early 20th centuries, driven by industrialization, longer life spans, and the introduction of pensions and social support systems. In the U.S., the Social Security Act of 1935 marked a turning point, offering a path for older adults to leave the workforce with some financial security.

Today, retirement is seen as a milestone—often associated with freedom, reflection, and rest. But for adults with developmental disabilities, retirement looks different.

Many individuals with developmental disabilities don't hold traditional jobs. Instead, they may participate in day programs, such as CH&S, that offer structure, socialization, and meaningful activities. These programs often fill the role that employment serves for others: a routine, a community, and a sense of purpose.

When an adult with developmental disabilities retires from day program attendance—whether due to aging, health issues, or changing needs—it can be a major life transition. The shift might bring relief from routine demands,



Congratulations Shirley!

but it can also create a gap in daily engagement and connection. Without thoughtful planning, retirement from a day program can possibly lead to isolation or loss of stimulation.

For families and caregivers, supporting a successful retirement means rethinking what purpose and quality of life look like in this new phase. It might involve more time at home, but it should still include social interaction, hobbies, and opportunities for autonomy. Just like anyone else, people with developmental disabilities deserve a retirement that is meaningful, fulfilling, and *on their terms*.

In the end, retirement isn't about stopping—it's about shifting. And that shift should be as respected and supported for adults of all abilities!



Congrats to Devlin for Four Months on the Job!



Devlin has been happily working at Safeway for four months—and he's loving it. Big congratulations to him on hitting this milestone!

Naturally outgoing and upbeat, Devlin thrives in a job that lets him interact with people all day. Whether it's chatting with customers, retrieving shopping carts, or just bringing good energy to the store, he's made himself a welcome part of the team.

Devlin's not just clocking in—he's contributing, connecting, and making a difference. Here's to much more working success ahead!

Restaurant Review: Las Guitarras de Novato

Amy took a little detour from the usual dinner spots and headed to Las Guitarras de Novato with her staff member Carol and her roommate Stephanie. It's not exactly a place you'd stumble into—unless you go to Life College, which sits just half a block away. Neither Carol nor Stephanie had ever been, so Amy figured it was time to change that.

Amy ordered the J.D.D. burrito. "The service was much better this time than the last time I went with my uncle," she said, then paused. "But maybe the bad service was my uncle's fault." She didn't elaborate, and no one pressed.

It was windy that day, so they grabbed a table inside but still had a nice view of the patio. Carol went with the chile relleno combo, Stephanie chose shrimp tacos, and both gave enthusiastic thumbs-up. The food, according to them, was "delicious."

When Amy was asked to list her favorite Mexican restaurants, she rattled off her top three:

1. Mi Pueblo (Novato)
2. El Rey Mexican Bar & Grill (Novato)
3. Las Guitarras de Novato

But mid-conversation, Amy had a revelation: Las Guitarras had officially moved to the top of her list. "Sorry, Mi Pueblo and El Rey," she said. "You've been bumped."



Amy wholeheartedly recommends Las Guitarras. "The prices are reasonable—cheaper than El Rey," she said. She also noted it's family-friendly and has a kids' menu.

Her final Las Guitarras ratings:

- Service: 10
- Food: 10
- Indoor Dining: 8

Amy loved her meal and said she'll definitely be back!

Thea: What do you think of this A.I. picture of you eating a burrito (left)?

Amy: It's okay, but my mouth isn't that big, I only ate ONE burrito, and I eat my burrito with a fork!

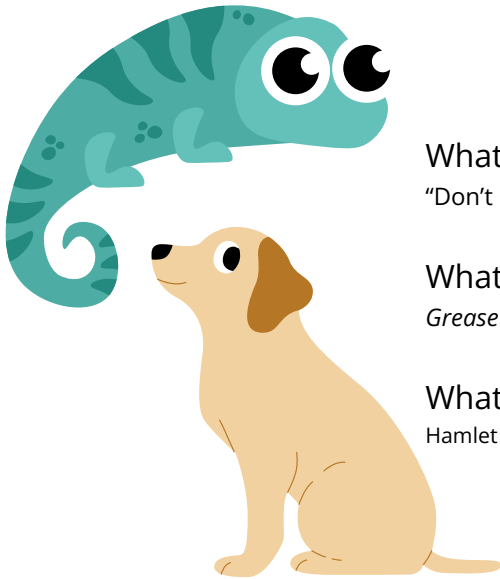


Tell a Joke Day - August 16

World Lizard Day (8/14)

What do lizards put on their kitchen floors?
Rep-tiles!

What did the mom chameleon say to her nervous kid on the first day of school?
"Don't worry, you'll blend right in!"



Dog Day (8/26)

Why did the dog sit in the shade?
Because he didn't want to be a hot dog!

What do dogs eat at the movies?
Pup-corn!

What kind of dog does Dracula have?
A bloodhound!



Bacon Lovers Day (8/20)

What is a pig's favorite song?
"Don't Go Bacon My Heart."

What's a bacon lover's favorite musical?
Grease

What's a bacon lover's favorite play?
Hamlet



Nino Surveys the Situation:

August 17th is National Thrift Shop Day

What do you like to look for at thrift stores?

Connor: CDs—I like world music and meditation music

Nino: Hats for me and cookbooks for my friends at Life College

Hayley: Small things, like trinkets

Matthew: I use Tik Tok the most

Devlin: Clothes, mostly shirts and pants

Zachary: Sports clothes

Darren: Honestly I usually don't go to thrift stores

Cat: Belts, slippers, cookbooks and magazines

Martha: Tank tops and pajamas

Justin: Jewelry

Colliene: CDs and movies, and shirts and pants

Iris: Shirts, purses, pajamas, and cat toys if they have them

Aidan: Movies and video games



What Have Our Staff Been Up To?

Harold: Rebecca, what happened to your finger?

Rebecca: Mechanical bull accident.

Harold: What??

Yep. Turns out you don't have to be a cowboy to ride a mechanical bull. More and more cowgirls are giving it a try—for fun, laughs, and even a little friendly competition. You'll find these bulls at bars, parties, and, in Rebecca's case... the Modesto flea market.

So, What Is a Mechanical Bull?



It's a machine that spins, bucks, and jerks like a real. It's a machine that spins, bucks, and jerks like a real bull. It's padded and surrounded by soft mats, and the speed can go from slow and steady to full rodeo chaos.

Still confused? Think John Travolta in *Urban Cowboy*. If you haven't seen it, here's the YouTube clip: [*Urban Cowboy \(7/9\) Movie CLIP - Gilley's Rodeo Competition \(1980\) HD*](#)

How to Ride Like a Pro:

- **Dress Right:** Jeans or leggings are perfect. Avoid skirts or anything loose.
- **Hold On Tight:** One hand on the rope or handle, the other in the air (for balance—and flair).
- **Stay Low:** Lean forward, bend your knees, and keep your hips loose.
- **Use Your Legs:** Grip with your thighs. It's not just about arm strength.
- **Chill Out:** The more relaxed you are, the better you'll flow with the bull.

A Bit of History

Mechanical bulls were invented in the 1930s to help train rodeo riders. But after *Urban Cowboy* hit theaters in 1980, bull riding took off as party entertainment. Now there are even women's competitions with prizes and serious bragging rights.

As for Rebecca, when asked about her wild ride, she smiled and said, "YOLO!"

Then Jehann asked, "But how is *the bull*?"

We'll just say... it's *recovering*.



Reading Comprehension Worksheet

(one of Chas' favorite poets)

Name: _____ Date: _____

Rainer Maria Rilke

(German pronunciation for "Rainer" as "RYE-ner" and "Rilke" as "RIL-kuh")

Ready to Read READING COMPREHENSION 300

Rilke was a poet. He was born long ago in a place called Prague in the Czech Republic. He wrote in German. He loved to look at trees, flowers, and feelings. He died in 1926. He wrote poems that help people feel calm and hopeful. He wrote about hard times and kind things.

This poem talks about a hidden garden:

*Where, inside what forever blissfully watered gardens,
upon what trees,
out of what deep and tenderly unpetaled flower-cups,
do the exotic fruits of consolation hang ripening? Those
rare delicacies, of which you find one perhaps
in the trampled meadows of your poverty. Time and again
you have stood there marveling over the sheer size of the
fruit,
over its wholeness, its smooth and unmottled skin,
and that the lightheaded bird or the jealous worm under
the ground had not
snatched it away from your hands*



The garden is full of good fruit. The fruit is like help we find when we need it most. The poem says that sometimes in a hard place, like a poor meadow, we can find a rare and sweet fruit. We may stand and look at it. We see how big and smooth it is. We feel happy and safe that no bird or worm took it. It shows how small kindness can grow in a hard place, and it can be our consolation. We hold the fruit with wonder. The poem is soft and soothing. It tells us to look for these fruits in our life. They can appear when we feel sad or lost. We can feel joy and hope inside us. It asks us to be patient and watch for these hidden gifts.

Reading Comp Questions:

1. What fruit does the poem compare to consolation?
2. Where do we find the rare fruit, in a garden or a meadow?
3. True or False: A dog takes the fruit away.
4. Name one place the fruit grows.
5. The fruit has what kind of skin—smooth or rough?
6. Do we feel happy or sad when we see the fruit?
7. The fruit grows in
 - a. a dry desert
 - b. a trampled meadow
 - c. a mountain top
 - d. a rose garden
8. True or False: Rilke was born in Prague.
9. What does “fruit” mean in the poem?

August 3rd is National Grab Some Nuts Day, and yes, it's exactly what it sounds like—sort of. No, HR doesn't need to get involved. This day is all about enjoying actual, edible nuts: almonds, cashews, pistachios, walnuts, and all the crunchy little power snacks in between.

Why celebrate this day? Because nuts are good for you! They're packed with protein, healthy fats, and just enough crunch to make you forget you were stress-eating. Nuts make a great work snack!

A Brief History (Don't Worry, It's Short)

No one really knows who invented Grab Some Nuts Day. Maybe it was a clever marketer. Maybe someone just had a bag of trail mix and a dream. Either way, it stuck.

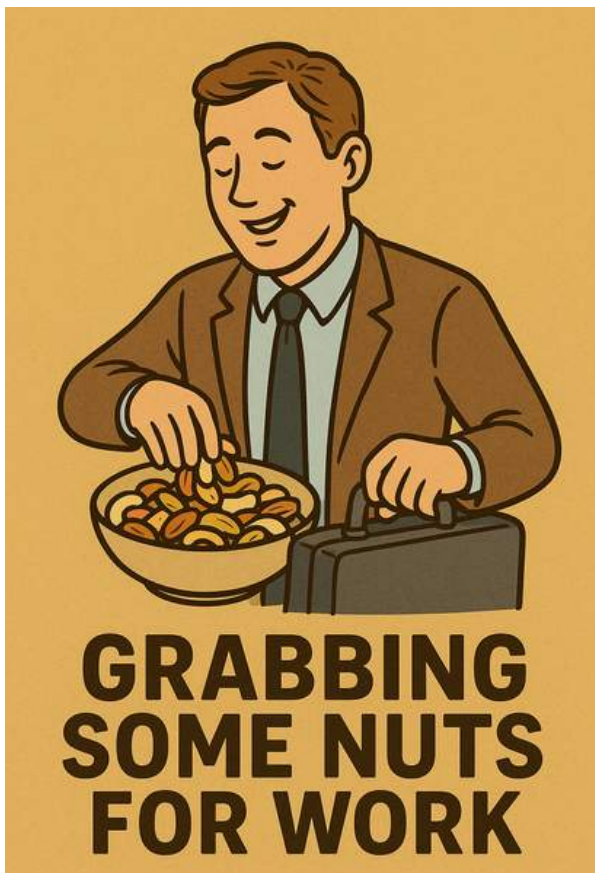
Did you know "Nerts!" was actually made up just so people could say something nutty without ruffling feathers? Nerts is a *noun, plural* meaning basically: nonsense, crazy talk — usually blurted out as an exclamation.

Back in the roaring '20s, yelling "Nuts!" might've made Grandma drop her teacup. So folks went with "Nerts!" instead. Classy rebellion. These days, "Nuts!" feels adorably outdated, and "Nerts!" sounds like something your great-aunt might shout during a board game.

Celebrate National Grab Some Nuts Day with a handful of almonds or pecans. Or just make it rain pistachios on whatever you're eating.

Warning: This is a good time to remind everyone about nut allergies. If your workplace/program is nut-free, maybe just celebrate *National Pretend You're Eating Nuts Day*. It's safer, and nobody ends up in the ER.

On August 3rd, go ahead—grab some nuts (responsibly), share a laugh, and snack like you mean it!



Draw a line from the name to the corresponding nut



pistachio



pecan

cashew

walnut



pine nut

Brazil nut

coconut

almond



Bookmarks for Booklovers Day August 9th

with Colleen, Katie, Zachary, and Jennifer

We like to keep our Little Free Library stocked with bookish goodies, especially handmade bookmarks picked to fit a theme. August had plenty of food holidays that translated well into a flat, laminated, tasseled format—bacon, s'mores, creamsicles, waffles, chocolate chip cookies, banana splits, peach and lemon meringue pie, not to mention all the sandwiches we could think of to celebrate sandwich month! Who wouldn't want a strip of bacon or a nice, saucy meatball sub to save your place in a book? Stop by our LFL next time you are in the neighborhood of 837 Sweetser in Novato, and be sure to check out our bookmarks—we think they turned out great!



From top: Katie and Colliene laminate shark bookmarks for Shark Week. Martha is in the scissor zone. Zachary thinks the sub sandwich bookmark looks tasty.



Shuck Yeah: A Fun Look at National Oyster Day



Every August 5th, National Oyster Day rolls in with a side of lemon or Tabasco. It's a day to celebrate one of the ocean's weirdest and most wonderful creatures — the oyster. Whether you slurp them raw, fry them golden, or just admire their shiny insides, oysters have been a part of human culture for centuries.

A Bite of Oyster History

People and other animals have been eating oysters since before history was written down. Ancient Romans loved them. Some Native American tribes harvested them along the coasts. By the 1800s, oysters were so common in New York that they were basically street food — a cheap snack for everyone.



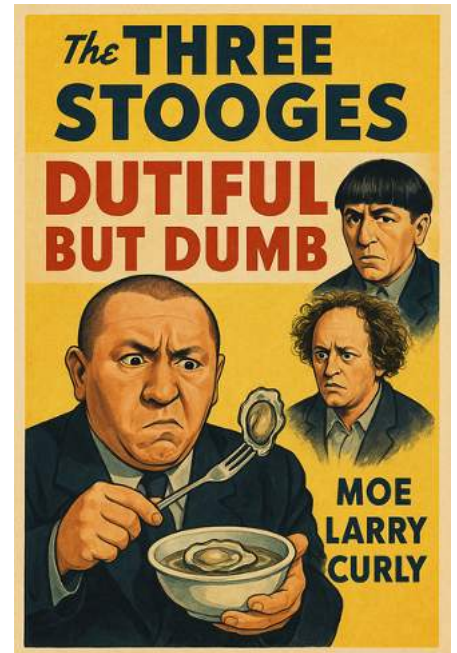
Oysters even pop up in pop culture. Remember the Three Stooges? In the 1941 short *Dutiful But Dumb*, Curly has a legendary scene with oyster soup — or rather, an oyster that refuses to be eaten.

More Than Just a Meal

Oysters aren't just good with hot sauce — they're nature's own jewelry makers. Sometimes, when a tiny irritant like a grain of sand slips inside, the oyster covers it in layers of shiny stuff called *nacre*. Over time, you get a pearl. It's like a magic trick in slow motion. Not every oyster makes pearls, and not all pearls are worth keeping, but the rare good ones can be turned into necklaces, earrings, and heirlooms.

Who loves to eat oysters?

- Did you know oysters are one of Bruce's favorite foods? He will often treat himself to oysters on his birthday.
- Darnell also loves oysters. She and her husband will sometimes do an oyster crawl to different restaurants around Tomales Bay!
- Thea enjoys oysters bingo from the Buckeye Roadhouse.
- Chas eats his oysters raw, with Tabasco usually. He once ate an oyster the size of a large mouth bass (seriously!) when he was in Tacoma—ask him about that story!



Have *you* ever eaten an oyster?

Do you remember what pearls are made of?

August 26 is National Dog Day!



Dog Breeds

K R D D P I E D T A U P H O S
O R U O G O W O B W R R O I O
S M T B O W H I P P E T P N I
D T B E A G L E E H M O P C C
D E P R E E E W O H C W O H C
O R O M L B O E K G U P E I O
A R O A E S E T L A M A L H R
M I D N U H S H C A D A B U G
A E L D C A H L W W A L U A I
I R E D C G C B E W H T L H C
D L M H T E A O R G I O L U E
T E L D O O D A R B A L D A R
R E L I E W T T O R P C O C W
E B P R H A O A K I T A G A I
O E T A G G T C T L B O X E R

Dachshund
Boxer
Labradoodle
Whippet

Akita
Chihuahua
Chow Chow
Maltese

Corgi
Terrier
Rottweiler
Bulldog

Doberman
Beagle
Poodle
Pug



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August 2025 Connection Magazine

August 27 is Rock Paper Scissors Day, a celebration of a classic game that is played around the world. It is also known as *Ro Sham Bo*, a game likely started in China over 2,000 years ago.

It's now used everywhere—from schoolyards to professional tournaments—to settle quick decisions. The rules are simple:

- rock beats scissors
- scissors beats paper, and
- paper beats rock.

Best of all, it's fair, fast, and free—just say “Ro Sham Bo!” and play!



What is the winning hand above?
(check one)

- ☐ Rock
- ☐ Paper
- ☐ Scissors